

monday

tuesday

wednesday

thursday

friday

saturday

sunday

1
Shrimp
taco Salad

2
- Fast chicken
Fettuccine
- Salad

3
- Sheet pan
Italian sausage
& veggies
- bread

4
- Leftovers
- grilled peaches
w/ vanilla
ice cream

5
- Grilled Salmon
- green beans
- Sliced tomato
- mac 'n cheese

6
- Pizza grilled
cheese
- Salad

7
- Grilled Pork
Tenderloin
- Asparagus
- Salad
- bread

8
Strawberry -
Avocado
Spinach Salad
with Chicken

9
- Beef & Broccoli
Ramen
- Salad

10
- Pork tacos
- guacamole
- Salad

11
- Leftovers
- Skinny Double
choc. brownies

12
Going to a
graduation
party

13
- Ham & Swiss
Stromboli
- Fruit salad
- chips

14
- Grilled Steak
- baked potato
- Salad

15
Mexican
grilled chicken
Cobb Salad

16
- Caprese Lasagna
roll-ups
- green beans

17
- Fajitas w/
leftover steak

18
- Leftovers
- Greek yogurt
cheesecake
bars

19
- Grilled chicken
legs
- Tuscan Veggie
Platter

20
- Breakfast
Sandwiches
- Asparagus
- fruit

21
- Grilled, bba
Country style
- grilled corn
- salad & bread

22
Berry - Feta
Spinach
Salad

23
- Beef enchiladas
- Salad

24
- Pulled/chopped
pork sandwiches
- corn
- Salad

25
- Leftovers
- cookies

26
- Foil packet
"Hobo"
Dinner

27
- Marlboro Man
Sandwiches
- Squash

28
- Spaghetti w/
meat sauce
- Caesar Salad

29
Pesto Pasta
Salad

30
- Loaded baked
potatoes
- salad

31
- Homemade
Hamburger
Helper
- green beans



May Menu