

monday

tuesday

wednesday

thursday

friday

saturday

sunday



1  
- Stuffed Peppers  
w/ Grits & Sausage  
- Salad

2  
- Steak  
- corn on the cob  
- Salad  
- okra

3  
- Chile-Lime Chicken Fajita Salad  
- Bread

4  
- Steak Quesadillas  
- Guacamole

5  
- Summer Marinated Tomatoes & Mozzarella Spaghetti  
- Salad

6  
- Leftovers  
- French Strawberry Cake

7  
- Swiss Burgers in tomato gravy  
- Fried potatoes  
- green beans

8  
- Chicken in Succotash  
- Bread

9  
- Chicken & Potato foil packs  
- tomato slices  
- okra

10  
- Grilled Veggie Salad w/ Salmon  
- Bread

11  
- Chicken & Penne Casserole  
- Salad

12  
- Slow-cooker Cheeseburger Joes  
- Fried okra

13  
- Leftovers  
- Whoopie Pies

14  
- Mahi Mahi Kebabs  
- Bread

15  
- Homemade Pizza

16  
- Hamburger Mac  
- Squash  
- okra

17  
- Italian Tortellini Salad

18  
- Sloppy Joe's  
- Salad

19  
- Slow-cooker Pineapple Pulled Pork Tacos

20  
- Leftovers  
- Pineapple Upside down cake

21  
- Hawaiian Chicken Foil Pack  
- rice

22  
- Mediterranean Turkey Burgers  
- Grilled Squash  
- Okra

23  
- Slow-cooker Chicken tacos  
- Mexican Corn  
- guacamole

24  
- Summer Chopped Salad  
- Bread

25  
- Mexican Chicken Stuffed Potato  
- Salad  
- guacamole

26  
- Slow cooker Coconut-lime chicken  
- yellow rice  
- green beans

27  
- Leftovers  
- Cronuts

28  
- Carne Asada Nachos

29  
- Cod w/ avocado  
- Salad  
- broccoli

30  
- Shrimp Etouffée  
- Salad

31  
- Hoppin' John Salad